

Browne Jacobson trainees ride, trek and sleep for charity challenge

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17 June 2019

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The group have a £7k target that they hope to beat which will be divided between all five partner charities.

The charities are based in the local communities of each office location and their work is reflective of the firm's commitment to diversity and inclusion.

The partner charities are:

- Birmingham: Edward's Trust
- Exeter: Step One
- London: Praxis
- Manchester: Coffee4Craig
- Nottingham: The Friary

In preparation for the event, the team have taken on an intense training regime in order to prep them for the three events in the coming months.

The group will cover a total of 1,000 miles in a 50 mile and 125 mile cycle ride around Nottingham in June as well as a 26 mile trek around Derbyshire's White Peak in July.

The challenge will complete in October with an Autumnal sleep out in the Nottingham office gardens that will coincide with National Homelessness Day.

The firm's Senior Partner [Caroline Green](#) will join the trainees on the cycle ride, whilst [Iain Blatherwick](#), Managing Partner will take part in the sleep out.

Local cycling business, Bunneys Bikes has agreed to support the Browne Jacobson cycling team by donating necessary supplies for the ride which includes energy gels, bars and inner tubes.

Sarah Hamilton, trainee lawyer at the firm who helped to organise the event commented:

"It has become tradition for the trainees in the firm to take on gruelling challenges in a bid to raise funds for our charity partners with this year's inspiration coming from the Fatboy Slim song "eat, sleep, rave, repeat", making our mantra "ride, sleep, trek, (repeat!?)."

"It's fantastic to see so many trainees getting involved to raise awareness and money for these fantastic causes and I can't wait for our team to begin the epic journey ahead. I am sure the aches and pains will be worthwhile!"

Iain Blatherwick, Managing Partner at Browne Jacobson added:

"At Browne Jacobson, we know the importance of working with and supporting our local communities.

"We are incredibly proud of our trainees and the gruelling efforts they will go to in order to support these fantastic charity organisations and I wish them well in their journey and Caroline and I are 'looking forward' to playing our part!"

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