

## Your team up close... Bridget Prosser

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In this edition of Health & Care Matters we grab five minutes with Bridget Prosser who is a Partner in our employment law team. Read on to hear from Bridget as they share an insight into their work, career highlights and perhaps more importantly the best way to start the day!

### Bridget Prosser - Partner, employment law

**Our question:** Which area of law do you specialise in?

**Bridget's response:** Employment law.

**Our question:** In five words describe the work you do?

**Bridget's response:** Rewarding, challenging, strategic, relationships, enjoyable.

**Our question:** What has been your career highlight to date?

**Bridget's response:** Can I have two as they are so different? Joining the NHSLA (now NHSR) Equal Pay Steering group and acting for a claimant in one of the first age discrimination claims in Tribunal. We had to fight at every stage to the extent where I honestly wondered if I had got it wrong and everyone telling me we would lose, was right.

**Our question:** Tell us something about yourself other probably don't know.

**Bridget's response:** I have served lunch to the Duke and Duchess of Kent.

**Our question:** What could you give a 40-minute presentation on with absolutely no preparation?

**Bridget's response:** How to make a great gin and tonic.

**Our question:** What's the best way to start the day?

**Bridget's response:** So the answer I want to give is to wake up to gentle yoga stretching and meditation, an invigorating walk with my dog and thereafter a macro biotitic breakfast. But honestly, get up as late as possible and drink loads of strong coffee.

**Our question:** What mystery do you wish you knew the answer to?

**Bridget's response:** Where do the socks go? They went in to the washing machine as a pair and only one comes out. How does that happen?

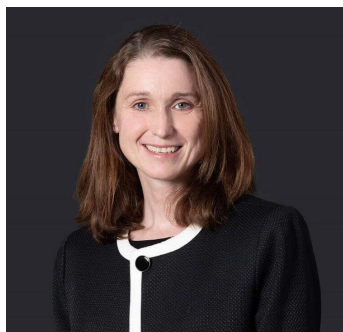
**Our question:** Did you always want to be a lawyer?

**Bridget's response:** Yes. It struck me as a great career where I could put my arguing skills with my siblings to good use.

## Contact

Bridget Prosser

Partner



[bridget.prosser@brownejacobson.com](mailto:bridget.prosser@brownejacobson.com)

+44 (0)330 045 2964