

Shared Insights: Rising to health and care challenges and opportunities of 2025

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We explored some of the biggest challenges and opportunities facing the health and care sector in the year ahead.

Three of our specialist partners, Carly Caton, Gerard Hanratty and Helen Badger share their insights into how organisations can tackle 2025's challenges while maintaining high quality care.

One big announcement is the new 10-Year Health Plan which is part of an aim to build a health service fit for the future.

The Department of Health is focusing on three areas in 2025:

Moving patients from hospital to home – a long-term objective of the NHS is moving patients to a more comfortable and less risky environment at home.

Analogue to digital. The Prime Minister wants the UK to become an AI powerhouse. Countries across the world want to take a lead in AI and number of countries are getting ahead. We need to understand how we are going to regulate AI and start to think about how we can open up large data warehouses and make them work in an AI environment.

Moving from a culture of treatment to culture of prevention. Helping people stay fitter and healthier for longer and preventing health challenges before they occur and require hospital treatment.

Some of the challenges faced are:

- Increased demand for health services.
- Long-term financial and workforce challenges.
- A number of organisations in triple lock and there is a large estate backlog

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