

What are you doing for Mental Health Week?

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09 May 2019

Next week is Mental Health Week. The timing is poignant for schools particularly as it coincides with exam season and the additional stresses that this brings.

Tes have reported today that the mental health crisis in young people is worsening and that a child self-harming is no longer considered a priority for CAMHS who are themselves struggling to provide the support needed to young people who may be suicidal.

Knowing this to be the case how does it affect the school's duty of care to its students? The school is the first point of contact in many cases and the importance of identifying concerns is increasingly important.

This can be done in a variety of ways but maybe the most important action is to be able to talk openly about the importance of mental health across the school community in a supportive and positive way.

Contact



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