### How to deliver a return to work meeting well

Gill Martindale Jessica Collinson-Shield 5 May 2020 What we're covering today:

- 1. Why conduct return to work interviews?
- 2. How to conduct return to work interviews
- 3. Tips for line managers

Why conduct return to work interviews?

"Return to work interviews can help to deter nongenuine absence by sending a message that absence is actively managed."

CIPD Health and Wellbeing at Work Survey March 2020

#### Are return to work interviews effective?

## "The effectiveness of return to work interviews depends on the skills and attitude of the manager who conducts them."

CIPD Health and Wellbeing at Work Survey March 2020

# So how is it done?

### Structure of a return to work meeting



# Tips for managers

### Issues to be mindful of

- Pregnancy related sickness
- Disability related sickness
- Stress and mental health

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